

## Unit 27 • Session 1

**Session Title:** Jesus' Resurrection

**Bible Passage:** Matthew 28; John 20

**Story Point:** God raised Jesus from the dead to defeat sin and death.

**Key Passage:** John 11:25

**Big Picture Question:** Where is Jesus now? Jesus ascended to heaven where He is seated at the right hand of the Father.

### One foot wobblers

Instruct the family to stand in a circle. When you say “go,” everyone will lift one foot. Whoever is able to stand on one foot the longest wins the game.

SAY • It was really difficult to stay standing on one foot for long.

Eventually, you had to put your other foot down. Today, we will learn about a time Jesus rose from the dead. He couldn't stay dead and had to rise again.

### Stay put

Announce to the family that you have a few physical challenges for them to accomplish. Challenge them to stay put in a certain position for 60 seconds. Play multiple rounds as time allows.

(Suggested challenges: stand with your hands straight up in the air, stand on one foot with your other knee bent, stand with one leg extended in front of you, stand with one leg extended behind you)

SAY • For some of you, it was hard to stay put in those positions.

Today's Bible story is a great reminder to us that Jesus didn't stay put either. After Jesus died on the cross, His body was placed in the tomb but He didn't stay there. We will learn more about what happened in our Bible story today.

## Tentmakers

Instruct the family to set up tents using chairs and tablecloths. You may choose to provide clothespins to help the kids construct their tents.

Say • In the missions video, we saw how this East Asian people group lives in a round shelter called a *ger* (GHER) that can be put up and taken down pretty quickly because they move around so much. How would you feel if you had to live in a shelter like a tent all the time? Would you choose to be a missionary if you knew you would have to live in a tent and move around a lot?

God may not call all of us to go somewhere like East Asia, but He has called each of us to live on mission no matter where we go. We can live on mission by showing love to everyone we meet and telling others about Jesus. Jesus died for our sins, and **God raised Jesus from the dead to defeat sin and death**. Everyone with faith in Jesus will live forever.

## Trade backs

Instruct each family member to complete a series of tasks:

Each person must jump rope twice.

Flip a coin until it lands on heads five times (total, not in a row).

Roll a tennis ball under his/her legs.

Set aside the items needed for each person to complete the tasks (as many of each as there are family members). Inform them that in order to use each item, they must trade one shoe to get their first item and must trade back each item to get the next. After completing all three tasks, each person will return its tennis ball to retrieve the player's shoe.

Say • Each time you needed an item, you had to trade something to get it. At the end, you traded back the tennis ball to get your shoe again. This can help us think about our story today.

Jesus paid for our sin by laying down His life. After He died on the cross, He took His life up again. **God raised Jesus**

**from the dead to defeat sin and death.** He traded His perfect life for our sinful ones, and as a result, we can live forever with God through faith in Jesus.

### **Plant seeds**

Give each kid a large cup. Allow each kid to scoop potting soil into their cup, filling it two-thirds full. Demonstrate how to make a hole for the seed with a finger. Insert the seed and cover it back up. Add enough water for the soil to be damp.

Encourage kids to place it in a window for sunlight. Remind them to water enough to keep the soil damp and watch their seed come to life.

Say • With enough water and sunlight, these seeds will come to life and begin to sprout through the soil. Planting seeds is a great reminder of what Jesus did for us and how we should respond. Jesus died for our sins and was buried in a tomb, like the seed is buried in this soil. On the third day, Jesus came back to life and came out of the tomb.

When we understand what Jesus did for us, we “die” to our old way of living and live a new life in Jesus, growing through the power of the Holy Spirit.